

Baggage

Life is Hard – Travel Light

Life is Hard but God want us to **Travel Light**

Question: what are carrying around that should not be part of Journey?

Baggage to Claim

Job. 7:11 (NIV) Therefore I will not keep silent; I will speak out in the anguish of my spirit...

1) Unfulfilled Dreams.

Proverbs 13:12 Hope deferred makes the heart sick...

John 16:33 NIV "I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

2) Untreated Pain.

3) Unhealthy View of Self.

Travel Light – Give it to God

3 Load Lifting Prayers

1) "God help me renew my mind with the truth of your word"

Romans 12:2 "Do not conform to the pattern of this world, but be transformed by the renewing of your mind..."

Romans 12:3 "... the only accurate way to understand ourselves is by what God is and by what he does for us, not by what we are and what we do for him."

Ephesians 4:22-23 "You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; **23** to be made new in the attitude of your minds"

2) "God help restore what was lost"

1 Peter 5:7-10:

v. 7 "Cast all your anxiety on him because he cares for you". ***be convinced – God cares, He really does***

v. 8 “Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour.” ***Be aware that you have a real enemy who wants to destroy you through fear!***

v. 9 “Resist him, standing firm in the faith, because you know that the family of believers throughout the world is undergoing the same kind of sufferings.” ***You have to resist him in faith & you are not alone.***

v. 10 “And the God of all grace... after you have suffered a little while, **will himself restore you** and make you strong, firm and steadfast”. ***you and I are not exempt from suffering, but we have the promise of restoration.***

3) “God, help me release my offenders”

Colosians 3:13 Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.

Think of Jesus on the Cross

- falsely accused
- He came to restore sinful man back to God
- He prayed Father forgive them, for they don't know what they are doing...

In his agony Jesus hurt more ***for*** them than he was hurt ***by*** them.

God help us be like Jesus and **hurt more for them - than we are hurt by them.**